



This picture of Superimposed Cables provided by Elaine Joann Lyons

Multiple of 16 stitches plus 3 stitches

Row Number	Begin Row	Repeat		End Row
Row: 1 - (Right side)	p3 *	k6, p1, k6, p3	repeat from *	
Row: 2 -	*	Knit the knit stitches and purl the purl stitches	repeat from *	
Row: 3 -	p3 *	k6, p1, k6, p3	repeat from *	
Row: 4 -	*	Knit the knit stitches and purl the purl stitches	repeat from *	
Row: 5 -	p3 *	LCO, p1, RCO, p3	repeat from *	
Row: 6 -	*	Knit the knit stitches and purl the purl stitches	repeat from *	
Row: 7 -	p3 *	k6, p1, k6, p3	repeat from *	
Row: 8 -	*	Knit the knit stitches and purl the purl stitches	repeat from *	
Row: 9 -	p3 *	k3, CO, k3, p3	repeat from *	

Row: 10 -	*	Knit the knit stitches and purl the purl stitches	repeat from *	
Row: 11 -	p3 *	k6, p1, k6, p3	repeat from *	
Row: 12 -	*	Knit the knit stitches and purl the purl stitches	repeat from *	
Row: 13 -	p3 *	RCO, p1, LCO, p3	repeat from *	
Row: 14 -	*	Knit the knit stitches and purl the purl stitches	repeat from *	
Row: 15 -	p3 *	k6, p1, k6, p3	repeat from *	
Row: 16 -	*	Knit the knit stitches and purl the purl stitches	repeat from *	

Repeat Rows 1 - 16

Legend for Abbreviations and Notes		
slip 3 stitches to dpn and hold in front; k3; k3 from dpn	Left Crossover (LCO)	
slip 3 stitches to dpn and hold in back; k1; k3 from dpn	Right Crossover (RCO)	
slip 3 stitches to dpn and hold in front; slip next stitch to a 2nd dpn and hold in back; k3; p1 from back dpn; k3 from front dpn	Crossover (CO)	

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