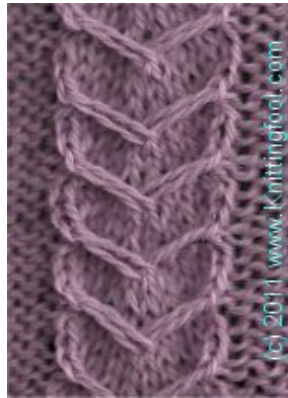


**Loop-stitch Cable 1**



This picture of Loop-stitch Cable 1 provided by Elaine Joann Lyons

Multiple of 12 stitches plus 2 stitches

Row Number	Begin Row	Repeat		End Row
Row: 1 - (Right side)	p2 *	k10, p2	repeat from *	
Row: 2 -	k2 *	loop-st, p8, loop-st, p2	repeat from *	
Row: 3 -	p2 *	CO, p2	repeat from *	
Row: 4 -	k2 *	p10, k2	repeat from *	

Repeat Rows 1 - 4

Legend for Abbreviations and Notes		
p1 wrapping yarn 3 times around needle	Loop stitch (Loop-st)	
slip 1 stitch to dpn in front dropping extra loops; k4; slip next 4 stitches to 2nd dpn and hold in back; k1 dropping extra loops; k1 from front dpn; from back dpn k4	Crossover (CO)	

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