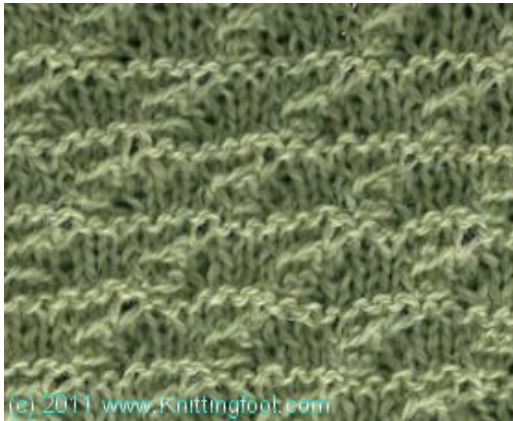


**Loops and Blocks**



This picture of Loops and Blocks provided by Elaine Joann Lyons

Multiple of 12 stitches plus 2 stitches

Row Number	Begin Row	Repeat		End Row
Row: 1 - (Wrong side)	k1 *	yo, knit 3, pass the yo loop over the 3 stitches just knitted; sl 3 wyif	repeat from *	ending k1
Row: 2 -	*	knit	repeat from *	
Row: 3 -	k1 *	yo, knit 3, pass the yo loop over the 3 stitches just knitted; p3	repeat from *	ending k1
Row: 4 -	k3 *	with right needle, lift loop of next wrap (below and to the left) onto the left needle, knit the loop together with the next stitch; k5	repeat from *	ending k4
Row: 5 -	*	knit	repeat from *	
Row: 6 -	*	knit	repeat from *	
Row: 7 -	k1 *	sl 3 wyif; yo, knit 3, pass the yo loop over the 3 stitches just knitted	repeat from *	ending k1
Row: 8 -	*	knit	repeat from *	
Row: 9 -	k1 *	p3; yo, knit 3, pass the yo loop over the 3 stitches just knitted	repeat from *	ending k1
Row: 10 -	k6 *	with right needle, lift loop of next wrap (below and to the left) onto the left needle, knit the loop together with the next stitch; k5	repeat from *	ending k7
Row: 11 -	*	knit	repeat from *	
Row: 12 -	*	knit	repeat from *	

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Repeat Rows 1 - 12

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