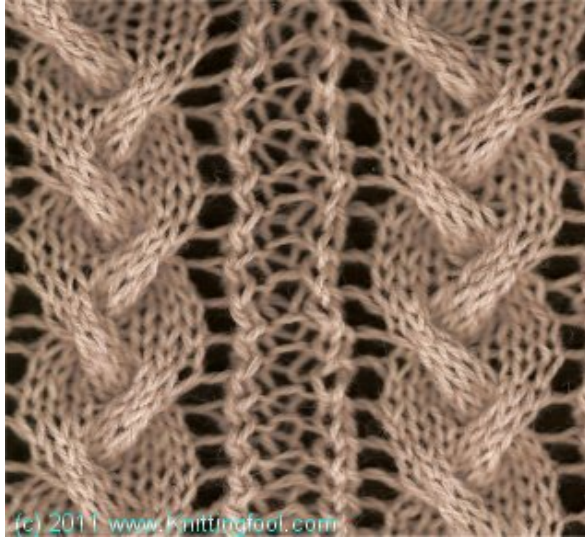


**Cable and Ladder**



This picture of Cable and Ladder provided by Elaine Joann Lyons

Multiple of 14 stitches plus 1 stitch

Row Number	Begin Row	Repeat		End Row
Row: 1 - (Wrong side)	k1 *	p2-tog, yo, p11, k1	repeat from *	
Row: 2 -	k1 *	ssk, yo, slip next 3 stitches to dpn and hold in back, k3, then k3 from dpn; k6	repeat from *	
Row: 3 -	k1 *	p2-tog, yo, p11, k1	repeat from *	
Row: 4 -	k1 *	ssk, yo, k12	repeat from *	
Row: 5 -	k1 *	p2-tog, yo, p11, k1	repeat from *	
Row: 6 -	k1 *	ssk, yo, k3, slip next 3 stitches to dpn and hold in front, k3, then k3 from dpn; k3	repeat from *	
Row: 7 -	k1 *	p2-tog, yo, p11, k1	repeat from *	
Row: 8 -	k1 *	ssk, yo, k12	repeat from *	

Repeat Rows 1 - 8

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