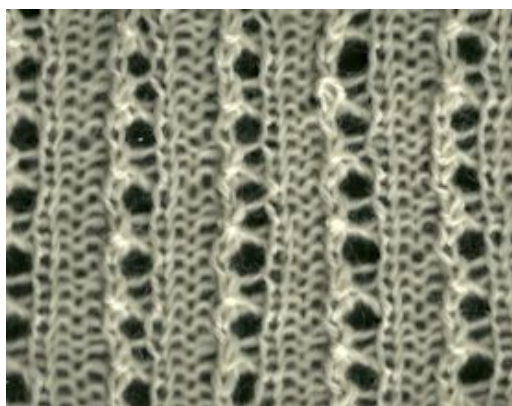


**Wheat 1**



This picture of Wheat 1 provided by Elaine Joann Lyons

Multiple of 5 stitches plus 2 stitches

Row Number	Begin Row	Repeat		End Row
Row: 1 - (Right side)	p2 *	k3, p2	repeat from *	
Row: 2 -	k2 *	yo, p3, k2	repeat from *	
Row: 3 -	p2 *	k1, skip 2 stitches, lift the yo (from the previous row) over the first 2 stitches and drop off the needle, k2-tog (the previously skipped stitches), p2	repeat from *	
Row: 4 -	k2 *	p1, yo, p1, k2	repeat from *	

Repeat rows 1 -

4

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