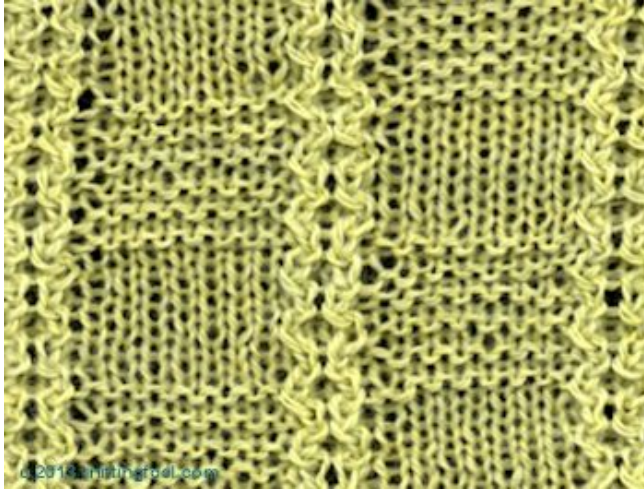


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**Alternating Garter Blocks**



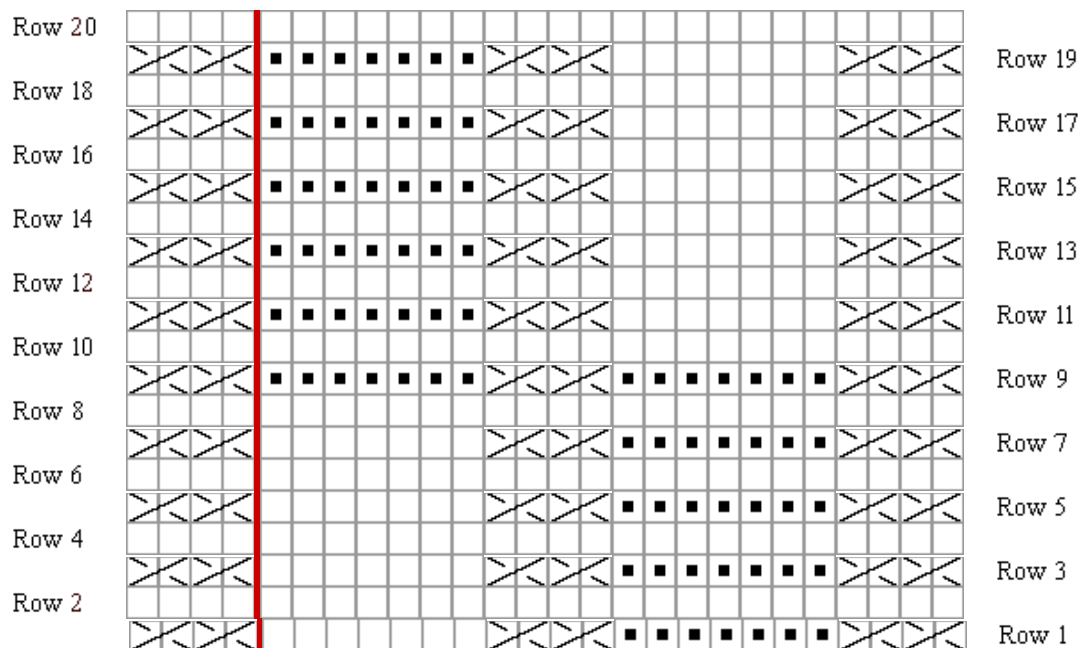
This picture of Alternating Garter Blocks provided by Elaine Joann Lyons

Multiple of 22 stitches plus 4 stitches

Row Number	Begin Row	Repeat		End Row
Row: 1 - (Right side)	*	RT, LT, p7, RT, LT, k7	repeat from *	ending RT, LT
Row: 2 -	*	purl	repeat from *	
Row: 3 -	*	LT, RT, p7, LT, RT, k7	repeat from *	ending LT, RT
Row: 4 -	*	purl	repeat from *	
Row: 5 -	*	RT, LT, p7, RT, LT, k7	repeat from *	ending RT, LT
Row: 6 -	*	purl	repeat from *	
Row: 7 -	*	LT, RT, p7, LT, RT, k7	repeat from *	ending LT, RT
Row: 8 -	*	purl	repeat from *	
Row: 9 -	*	RT, LT, p7, RT, LT, p7	repeat from *	ending RT, LT
Row: 10 -	*	purl	repeat from *	
Row: 11 -	*	LT, RT, k7, LT, RT, p7	repeat from *	ending LT, RT
Row: 12 -	*	purl	repeat from *	

Row: 13 -	*	RT, LT, k7, RT, LT, p7	repeat from *	ending RT, LT
Row: 14 -	*	purl	repeat from *	
Row: 15 -	*	LT, RT, k7, LT, RT, p7	repeat from *	ending LT, RT
Row: 16 -	*	purl	repeat from *	
Row: 17 -	*	RT, LT, k7, RT, LT, p7	repeat from *	ending RT, LT
Row: 18 -	*	purl	repeat from *	
Row: 19 -	*	LT, RT, k7, LT, RT, p7	repeat from *	ending LT, RT
Row: 20 -	*	purl	repeat from *	

Legend for Abbreviations and Notes		
Right Twist: knit the second stitch on the left needle, then knit the first stitch, slip both stitches from the left needle. Alternate method: slip first stitch to cable needle and hold in back, k1, then k1 from cable needle.	RT	
Left Twist: knit the the second stitch on the left needle through the back loop, then knit the first stitch, slip both stitches from the left needle. Alternate method: slip first stitch to cable needle and hold in front, k1, then k1 from cable needle.	LT	



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