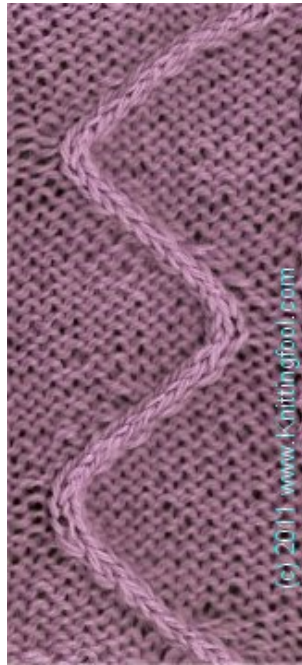


**Fast-Traveling Rib**



This picture of Fast-Traveling Rib provided by Elaine Joann Lyons

Multiple of 12 stitches

This pattern is called "fast" because, unlike most cable patterns that work the cable stitches on only the right side (public) rows, this pattern works the cable stitches from both sides of the fabric. The result is a steeper slope to the rib -- it "moves" across the fabric faster. The trick is to get used to working the cable stitches on the wrong (private) side of the fabric.

Row Number	Begin Row	Repeat		End Row
Row: 1 - (Wrong side)	*	K10, p2	repeat from *	
Row: 2 -	*	FC, p9	repeat from *	
Row: 3 -	*	K8, RFC, k1	repeat from *	
Row: 4 -	*	P2, FC, p7	repeat from *	
Row: 5 -	*	K6, RFC, k3	repeat from *	
Row: 6 -	*	P4, FC, p5	repeat from *	

Row: 7 -	*	K4, RFC, k5	repeat from *	
Row: 8 -	*	P6, FC, p3	repeat from *	
Row: 9 -	*	K2, RFC, k7	repeat from *	
Row: 10 -	*	P8, FC, p1	repeat from *	
Row: 11 -	*	RFC, k9	repeat from *	
Row: 12 -	*	P10, k2	repeat from *	
Row: 13 -	*	P2, k10	repeat from *	
Row: 14 -	*	P9, BC	repeat from *	
Row: 15 -	*	K1, RBC, k8	repeat from *	
Row: 16 -	*	P7, BC, p2	repeat from *	
Row: 17 -	*	K3, RBC, k6	repeat from *	
Row: 18 -	*	P5, BC, k4	repeat from *	
Row: 19 -	*	K5, RBC, k4	repeat from *	
Row: 20 -	*	P3, BC, p6	repeat from *	
Row: 21 -	*	K7, RBC, k2	repeat from *	
Row: 22 -	*	P1, BC, p8	repeat from *	

Row: 23 -	*	K9, RBC	repeat from *	
Row: 24 -	*	K2, p10	repeat from *	

Repeat Rows 1 - 24

<b>Legend for Abbreviations and Notes</b>		
slip 2 stitches to dpn and hold in front; p1, then k2 from dpn	Front Cable (FC)	
slip 1 stitch to dpn and hold in front; p2, then k1 from dpn	Reverse Front Cable (RFC)	
slip 1 stitch to dpn and hold in back; k2, then p1 from dpn	Back Cross (BC)	
slip 2 stitches to dpn and hold in back; k1, then p2 from dpn	Reverse Back Cross (RBC)	

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